

### High School Lunch December 3rd - December 7th





### Grab and Go Pasta Bar

Pasta with Meat Sauce, Marinara Sauce, Meatballs or Cheese Sauce Available Daily!

- Cuite France Stary.				
Monday, December 3 <sup>rd</sup>	Tuesday, December 4 <sup>th</sup>	Wednesday, December 5 <sup>th</sup>	Thursday, December 6 <sup>th</sup>	Friday, December 7 <sup>th</sup>
MTO Pasta Bar	Chili Mac & Cheese	MTO Pasta Bar	Chicken Alfredo Pasta	MTO Pasta Bar



#### Made to Order Station

Nachos—Beef & Cheese Served Daily Toppings Bar Available!

Salisbury Steak with Mashed Potatoes and Gravy

Sweet and Sour Chicken Bowl

**FUEL PROMOTION** Disco Fries

Mozzarella sticks w Marinara

Beef Soft Tacos



## Freshly prepared pizza & specialties

Walking Tacos available Daily Cheese & Pepperoni Available Daily Chicken Pizza Quesadillas Tues & Thur Pizza Sticks Mon-Wed-Fri

Breakfast Pizza

Mexican Pizza

BBQ Chicken Pizza

Buffalo Chicken Pizza

Chicken Bruschetta Flatbread



# Made to Order Station

A variety of meats, cheeses, salads, breads, rolls, wraps and other fresh sandwich toppings

Made to Order

Chicken & Bean Wrap Cheese Sandwich

Chicken and Salsa

Beef Nacho Salad

Plate

Fruit/Yogurt/Cheese

Mashed Potatoes

Garden Salad

Fresh Pear

Peach Cups

Made to Order

Mexican Veggie Wrap Cheese Sandwich

Fish Patty Melt

Made to Order

Mexican Veggie Wrap Cheese Sandwich

Made to Order

Honey mustard Chicken Wrap Cheese Sandwich Made to Order

Egg Salad Sandwich Cheese Sandwich



# Additional Grill Item Available Daily

Chicken Patty Sandwich, Chicken Nuggets, & MTO Burgers Served

Turkey American

Ciabatta Melt

Turkey Mushroom Flatbread

Mushroom Swiss Burger



### Freshly Made Grab & Go Salads

Plate

Chicken ranch salad

Fruit/Yogurt/Cheese Plate

Salad Bar available daily

American-Chef Salad Fruit/Yogurt/Cheese Plate

Popcorn Chicken Salad Fruit/Yogurt/Cheese



A balanced meal includes an entrée, fruit, vegetable and milk You must select at least one serving of fruit or vegetable for a reimbursable meal.

Mozzarella Salad

Fruit/Yogurt/Cheese

Garden Salad

Fresh Pear

Fruit Cocktail

Mixed Roasted Vegetables

Peas Garden Salad Fresh Pear Applesauce

---Milk varieties include 1% low fat and fat-free choices ~~~100% Fruit Juices Offered Daily

Carrots & Celery Offered Daily

Kickin Pinto Beans Garden Salad Fresh Pear Blueberries

Broccoli Garden Salad Fresh Pear Diced Pears

Paid Student Lunch Reduced Student Lunch \$ 2.70 \$ 0.40

Paid Adult Lunch Milk

\$ 3.75 50¢

Consuming Raw or Undercooked food may cause food borne illness





### High School Lunch December 10<sup>th</sup> – December 14<sup>th</sup>





### Made or Order Pasta Station

Pasta with Meat Sauce, Marinara Sauce, Meatballs or Cheese Sauce Available Daily

Monday, December 10th

Tuesday, December 11th

Wednesday, December 12th

Thursday, December 13th

Friday, December 14th

MTO Pasta Station

Chicken Parm Dinner

MTO Pasta Station

Pierogies in Rosa Sauce

MTO Pasta Station



### Made to Order Station

Nachos - Beef & Cheese with a Toppings Bar Available!

A variety of meats, cheeses, salads, breads, rolls,

wraps and other fresh sandwich toppings available

Chicken Drumsticks, Mashed Potatoes & Corn Muffin

**FUEL** Kickin Cheddar French

Broccoli and Cheese Baked Potato

Turkey Dinner

Fried Rice with Egg Roll



## Freshly prepared pizza & specialties

Cheese & Pepperoni Available Daily Chicken Pizza Quesadilla Tues & Thurs Pizza Sticks Mon-Wed-Fri

Walking Tacos available Daily

Sausage Pizza

Mushroom Pizza

Cheeseburger Pizza

BBQ Chicken Pizza

Buffalo Chicken Flatbread Pizza



### Made to Order Station

Made to Order Deli

Made to Order Deli

Ham & Cheese Sandwich Cheese Sandwich

Sloppy Joe

Made to Order Deli

Asian Chicken Wrap Cheese Sandwich

BBQ Cheeseburger

Made to Order Deli

Made to Order Deli All-American Sub

Cheese Sandwich

Turkey Cheese Sub Cheese Sandwich

Ham, Turkey & Cheese Wrap

Cheese Sandwich



# Additional Grill Item Available Daily

Chicken Patty Sandwich, Chicken Nuggets, & MTO Burgers Served

Meatball Sub

Hot Dog

Pizza Burger



## Freshly Made Grab & Go Salads

Salad Bar available daily

Egg Chef Salad Fruit/Yogurt/Cheese Plate

Tuna Salad Platter Fruit/Yogurt/Cheese Plate

Buffalo Chicken Salad Fruit/Yogurt/Cheese Plate

Chicken Salad Platter Fruit/Yogurt/Cheese Plate

Ham Pizza Salad Fruit/Yogurt/Cheese Plate



A balanced meal includes an entrée, fruit, vegetable and milk You must select at least one serving of fruit or vegetable for a reimbursable meal.

~Milk varieties include 1% low fat and fat-free choices -100% Fruit Juices Offered Tuesday & Thursdays

Baby Carrots and Celery Offered Daily

Green Beans Garden Salad Fresh Apple Diced Peaches

Vegetarian Beans Garden Salad Fresh Apple Fruit cocktail

Glazed Carrots Garden Salad Fresh apple Applesauce

Corn Garden Salad Fresh Apple Blueberries

Broccoli Garden Salad Fresh Apple Diced Pears

Paid Student Lunch Reduced Student Lunch \$ 2.70 \$ 0.40

Paid Adult Lunch Milk

\$ 3.75 50¢

Consuming Raw or Undercooked food may cause food borne illness





### High School Lunch December 17th - December 21st





#### Grab and Go Pasta Bar

Pasta with Meat Sauce, Marinara Sauce, Meatballs or Cheese Sauce Available Daily

Nachos — Beef & Cheese Served Daily with a

Monday, December 17th

Tuesday, December 18th

Wednesday, December 19th

Thursday, December 20<sup>th</sup>

Friday, December 21st

MTO Pasta

Spaghetti Carbonara MTO Pasta

Mexican Lasagna

EARLY DISMISSAL NO LUNCH



#### Made to Order Station

Toppings Bar Available!

Salisbury Steak with Mashed Potatoes Gravy, & Corn Muffin Popcorn Chicken Bowl

French Toast with Sausage

Thai Chicken Bowl With Rice

EARLY DISMISSAL NO LUNCH



### Freshly prepared pizza & specialties

Cheese & Pepperoni Available Daily Chicken Pizza Quesadillas Tues & Thur Pizza Sticks Mon-Wed-Fri

Walking tacos Available daily

Vegetable Pesto Pizza

Sausage and Jalapeno Pizza

Meat Lovers Pizza

Hawaiian Pizza

EARLY DISMISSAL NO LUNCH



#### Made to Order Station

Made to Order Deli

Chicken Caesar Wrap Cheese Sandwich

Made to Order Deli

Turkey Baboom Sub Cheese Sandwich

Made to Order Deli

Chicken Ranch Club Flathread Cheese Sandwich

A variety of meats, cheeses, salads, breads, rolls, wraps and other fresh sandwich toppings available

Salad Bar available daily

Made to Order Deli Bologna & Cheese Wrap

Cheese Sandwich

EARLY DISMISSAL NO LUNCH



## Additional Grill Item Available Daily

Chicken Patty Sandwich, Chicken Nuggets, & MTO Burgers Served Daily!

Chili Dog

Beef Nacho Salad

Fruit/Yogurt/Cheese

Mashed Potatoes

Garden Salad

Fresh Orange

Fruit Mix

Cheesesteak Sub

Ham & Turkey Cobb

Fruit/Yogurt/Cheese

Steamed Zucchini

Garden Salad

Fresh Orange

Pears

Jalapeno Burger

Fish Patty Sandwich

EARLY DISMISSAL NO LUNCH



## Freshly Made Grab & Go Salads

Salad

Veggie Salad

Fruit/Yogurt/Cheese

Turkey Chef Salad

Fruit/Yogurt/Cheese

EARLY DISMISSAL NO LUNCH



#### A balanced meal includes an entrée, fruit, vegetable and milk You must select at least one serving of fruit or vegetable for a reimbursable meal.

Garden Salad Fresh Orange ---Milk varieties include 1% low fat and fat-free choices

---100% Fruit Juices Offered Daily

Baby Carrots & Celery offered Daily Pinto Beans

Steamed Zucchini Garden Salad Fresh Orange Pears Applesauce

EARLY DISMISSAL NO LUNCH

Paid Student Lunch Reduced Student Lunch \$ 2.70 \$ 0.40

Paid Adult Lunch Milk

\$ 3.75 50¢

Consuming Raw or Undercooked food may cause food borne illness





### High School Lunch December 24th - December 28th





### Grab and Go Pasta Bar

Monday, December 24th Tuesday, December 25th Wednesday, December 26th

Cheese Sauce Available Daily Thursday, December 27th

Friday, December 28th

NO SCHOOL

HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL

NO SCHOOL HAPPY HOLIDAYS!



#### Made to Order Station

NO SCHOOL NO SCHOOL HAPPY HOLIDAYS! HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS!

Nachos - Beef & Cheese Served Daily Toppings Bar Available!

Pasta with Meat Sauce, Marinara Sauce, Meatballs or



### Freshly prepared pizza & specialties

Cheese & Pepperoni Available Daily Walking Tacos Available daily Chicken Pizza Quesadillas Tues & Thur Pizza Sticks Mon-Wed-Fri

HAPPY HOLIDAYS!

HAPPY HOLIDAYS!

NO SCHOOL

NO SCHOOL HAPPY HOLIDAYS!



#### Made to Order Station

NO SCHOOL NO SCHOOL HAPPY HOLIDAYS! HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS! NO SCHOOL

Chicken Patty Sandwich, Chicken Nuggets, & MTO Burgers Served

A variety of meats, cheeses, salads, breads, rolls,

wraps and other fresh sandwich toppings available

Salad Bar available daily

NO SCHOOL

HAPPY HOLIDAYS!



# Additional Grill Item Available Daily

NO SCHOOL



#### NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS!

HAPPY HOLIDAYS!

HAPPY HOLIDAYS!



### Freshly Made Grab & Go Salads

NO SCHOOL HAPPY HOLIDAYS!



#### A balanced meal includes an entrée, fruit, vegetable and milk You must select at least one serving of fruit or vegetable for a reimbursable meal.

NO SCHOOL HAPPY HOLIDAYS! ---Milk varieties include 1% low fat and fat-free choices ----100% Fruit Juices Offered Tuesday & Thursdays

Baby Carrots and Celery Offered Daily

NO SCHOOL NO SCHOOL HAPPY HOLIDAYS! HAPPY HOLIDAYS

NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS!

Paid Student Lunch Reduced Student Lunch \$ 2.70 \$ 0.40

Paid Adult Lunch Milk

\$ 3.75 50¢

Consuming Raw or Undercooked food may cause food borne illness





### High School Lunch December 31st – January 4th





#### Grab and Go Pasta Bar

Pasta with Meat Sauce, Marinara Sauce, Meatballs or Cheese Sauce Available

Monday, December 31st

Tuesday, January 1st

Wednesday, January 2nd

Thursday, January 3<sup>rd</sup>

Friday, January 4<sup>th</sup>

NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS! MTO Pasta Station

Chicken Penne in Rosa Sauce

MTO Pasta Station



#### Made to Order Station

Nachos-Beef & Cheese Served Daily Toppings Bar Available!

NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS! Country Chicken Bowl

Beef Teriyaki w/ vegetable and Rice Popcorn Chicken Parm Flatbread



## Freshly prepared pizza & specialties

Cheese & Pepperoni Available Daily Chicken Pizza Quesadillas Tues & Thur Pizza Sticks Mon-Wed-Fri

Walking tacos available daily

NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL

HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL

HAPPY HOLIDAYS!

Chicken & Mac and Cheese Pizza

Broccoli, Pepper, & Onion Pizza

Cheese Calzone



#### Made to Order Station

Made to Order

Mediterranean Wrap Cheese Sandwich

A variety of meats, cheeses, salads, breads, rolls, wraps and other fresh sandwich toppings available

Made to Order Turkey and Cheese

Sandwich Cheese Sandwich Made to Order Roasted Vegetable Cheese Sandwich



## Additional Grill Item Available Daily

Chicken Patty Sandwich, Chicken Nuggets, & MTO Burgers Served

NO SCHOOL

HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS! Jerk Chicken Flatbread

Bacon Cheddar Burger

Chipotle Ranch Burger



### Freshly Made Grab & Go Salads

Salad Bar available daily

NO SCHOOL

HAPPY HOLIDAYS!

NO SCHOOL

HAPPY HOLIDAYS!

Breaded Chicken Caesar Salad Fruit/Yogurt/Cheese

Chicken Nacho Salad Fruit/Yogurt/Cheese Plate

Buffalo Popcorn Chicken salad Fruit/Yogurt/Cheese

A balanced meal includes an entrée, fruit, vegetable and milk You must select at least one serving of fruit or vegetable for a reimbursable meal.

---Milk varieties include 1% low fat and fat-free choices ---100% Fruit Juices Offered Daily

NO SCHOOL HAPPY HOLIDAYS!

NO SCHOOL HAPPY HOLIDAYS! Roasted Egg Plant Garden Salad Fresh Banana Diced Peaches

Carrots & Celery Offered Daily Pinto Beans Garden Salad Fresh Banana Applesauce

Cooked Broccoli Garden Salad Fresh Banana Diced Pears

Paid Student Lunch Reduced Student Lunch \$2.70 \$ 0.40 Paid Adult Lunch Milk

\$ 3.75 50¢

Consuming Raw or Undercooked food may cause food borne illness

